



STRENGTHEN • UNIFY • CONNECT



2024 RESOURCE GUIDE



PLEASE CALL 988
IF YOU ARE HAVING
EMOTIONAL DISTRESS
OR SUICIDAL THOUGHTS.

If you have any concerns about your mental or physical health, please contact your doctor to discuss. Your doctor can help you determine the treatment and services that will best fit your needs.

BEHAVIORAL & MENTAL HEALTH	3
ADDICTION	6
MEDICAL	7
FAMILY VIOLENCE	9
CHILDREN	10
FINANCIAL ASSISTANCE	11
FOOD ASSISTANCE	12
INTELLECTUAL & DEVELOPMENTAL DISABILITIES SERVICES	13
SOBER LIVING & TRANSITIONAL HOUSING	13
SHELTERS	14
PRESCRIPTION ASSISTANCE	14
SUPPORT WEBSITES	15

IMPORTANT CONTACTS

IN CASE OF AN EMERGENCY
ALWAYS CALL 911

Jefferson County Sheriff's
 Department 409-835-8411

Orange County Sheriff's
 Department 409-883-2612

Poison Control Center
 1-800-222-1222

National Suicide Prevention Lifeline
 988

Rape and Suicide Crisis Center
 of SETX 409-823-6530
 1-800-793-2273

National Human Trafficking
 Hotline 1-888-373-7888

Domestic Violence 409-832-7575
 1-800-621-8882

Disaster Distress Helpline
 1-800-985-5990

Treatment Referral Routing
 Service 1-800-662-HELP (4357)

Veteran's Crisis Line
 988 and press 1

Social Services Hotline 211

To update your information or to be included in the guide, email info@mhasetx.org

BEHAVIORAL & MENTAL HEALTH

Baptist Behavioral Health Center

409-212-7000

3250 Fannin St., Beaumont, TX 77701

www.bhset.net/our-services/behavioral-health

The Behavioral Health Center is affiliated with Baptist Hospital. Behavioral Health Programs and Services include Adult Inpatient Programs, Children's Mental Health, Teen Mental Health, Senior Mental Health.

Catholic Charities of Southeast Texas

409-924-4427

2780 Eastex Freeway, Beaumont, TX 77703

www.catholiccharitiesbmt.org

In-person counseling for all ages, virtual mental health services for those ages 14+, premarital and marriage counseling, family counseling, sliding fee scale

Family Services Counseling Center

409-833-2668

3550 Fannin St., Beaumont, TX 77701

www.westrengthenthefamilies.org

- Individual and family counseling for all ages
- Parenting Classes
- Anger Management (Adult & Teen)
- Prevention education (alcohol, tobacco & other drugs)
- Battering intervention & Prevention
- Employee Assistance Program
- Accepts Medicaid, private insurance, sliding fee scale



Lamar University Counseling Services

409-880-8466

Student Health Center

857 E. Virginia St., Beaumont, TX 77705

www.lamar.edu

Mental health/psychological counseling services for Lamar University students

3 in 4 TEXANS HAVE

A FRIEND OR FAMILY MEMBER THAT HAS
EXPERIENCED A MENTAL HEALTH ISSUE.

NAMI – National Alliance on Mental Health

800-950-NAMI (6264) Chat or Text “helpline” to 62640

www.nami.org

Email: helpline@nami.org

Samaritan Counseling Center **409-727-6400**

7980 Anchor Dr. Bldg. 500, Port Arthur, TX 77642

Port Arthur, Orange and Silsbee by appointment only

www.sccset.org

- Counseling for individuals, couples, families, adolescents & children
 - Psychological assessments
 - Outpatient behavioral health services
 - Free depression screenings
 - Medicaid, private insurance
 - Sliding fee scale and fee assistance available
-

Spindletop Center **24 Hour Crisis Line:** **800-937-8097**

www.spindletopcenter.org

Beaumont Adult Mental Health **409-839-1000**

2750 S. 8th St., Beaumont, TX 77701

Beaumont Youth Mental Health **409-839-2200**

2850 S. 8th St., Beaumont, TX 77701

Port Arthur Adult & Youth Mental Health **409-813-8300**

3407 57th St., Port Arthur, TX 77640

Orange Adult & Youth Mental Health **409-883-7074**

4305 N. Tejas Parkway, Orange, TX 77632

Silsbee Adult and Youth Mental Health **409-880-4600**

222 E. Durdin Drive, Silsbee, TX 77656

Substance Use Disorder Services **409-839-1033**

Intellectual & Developmental Disability **409-839-1000**

655 S. 8th St., Beaumont, TX 77701

Charlie Health

866-491-5196

www.charliehealth.com

Virtual mental health services designed for teens and young adults in need of more than one-time per therapy. The comprehensive treatment program includes group, individual and family therapy.

Circle of Hope

832-962-8891

7324 SW Freeway, Ste. 835. Houston, TX 77074

www.houstoncircleofhope.com

A wellness company that provides skill training, counseling and support to individuals that suffer from depression, anxiety and other life issues. Eligibility for services: A resident of the State of Texas, a recipient of the Texas Medicaid Program, a diagnosis or a diagnosis of mental illness, a prescription for anti-psychotic or anti-depressant medications.

Evolve Outreach of Texas

Beaumont OFC: 409-240-2950

2101 Crawford St., Ste. 311, Houston, TX 77002

www.evolveoftexas.com

Services for individuals experiencing behavioral and/or emotional issues. Additional services include family services, crisis intervention, case management, and medication management.

HALF OF ALL MENTAL HEALTH DISORDERS
BEGIN BY AGE 14. **75%** BEGIN BY AGE 24.

LEARN THE SIGNS.

IF YOU ARE CONCERNED GET YOUR CHILD SCREENED.



HELP IS JUST A CLICK AWAY

Find a therapist in your area based on issue, sexuality, age, and treatment orientation and search by therapists that accept your insurance.

therapists.psychologytoday.com

ADDICTION

Land Manor, Inc. **409-838-3946**

4655 Collier St., Beaumont, TX 77706

www.landmanor.org

Land Manor, Inc. operates three residential outpatient substance abuse treatment programs and one intervention/outreach program and services residents of Jefferson, Orange and Hardin Counties.

ADAC – Alcohol & Drug Abuse Council of Deep East Texas

www.adacdet.org

Nacogdoches Office **936-569-1445**

1407 N. University Dr. 2B, Nacogdoches, TX 75961

Beaumont Office **409-600-2427**

6450 Concord Road, Beaumont, TX 77708

- No cost: Call for appointment; Monday-Friday, 8am – 5pm
- OSAR- Outreach, Screening, Assessment and Referral
- Driving While Intoxicated Program
- Drug Offender Education Program
- Prevention Programs
- Recovery Support
- Adult & Youth Outpatient
- Parenting Awareness and Drug Risk Education

Spindletop Substance Use Recovery **409-839-1033**

www.spindletopcenter.org/substance-use-recovery

24 Hour Crisis Hotline **800-937-8097**

Outpatient treatment services for adults, youth and individuals experiencing co-occurring psychiatric, and substance use disorders.

Recovery Council of Southeast Texas

www.recoverycouncilsetx.org

Residential Program (Adult Male) **409-840-9350**

4673 Washington Blvd, Beaumont, TX 77707

Outpatient Program (Adolescent & Adult) **409-840-2001**

4675 Washington Blvd. Ste C, Beaumont, TX 77707

Outpatient Program (Adolescent & Adult) **409-670-9524**

3212 Concord St. Ste C, Orange, TX 77630

Opioid Recovery Support Services **409-840-2001**

4675 Washington Blvd. Ste C, Beaumont, TX 77707

Learning To Thrive

4675 Washington Blvd. Ste C, Beaumont, TX 77707

Youth Prevention & Advocacy

Adult Residential, Adult Intensive Outpatient, Adolescent Outpatient Treatment, Opioid Recovery Support Services

MEDICAL

Beaumont Public Health **409-832-4000**

3040 College St., Beaumont, TX 77701

www.beaumonttexas.gov/216/Public-Health-Services

- Immunizations: child \$10 adult \$15/ no appointment required
- STIs: \$20 / no appointment required
- Tuberculosis: free/appointment required call 409-654-3617 to schedule (must live in North Jefferson County)
- Free COVID-19 vaccinations and booster

Julie Rogers Gift of Life Program **409-833-3663**

2390 Dowlen Rd., Beaumont, TX 77706

www.giftoflifebmt.org

Cancer education, free mammograms and prostate cancer screenings, Educational Outreach, Anti Smoking/Vaping

Christus Southeast Texas **409-892-7171**
2830 Calder Street, Beaumont, TX 77701
www.christushealth.org/locations/southeast-tx-st-elizabeth
Emergency and Urgent Care Services

Gulf Coast Health Center **409-983-1161**
www.gulfcoasthc.org
2548 Memorial Blvd, Port Arthur, TX 77640
601B Rev Ransom Howard, Port Arthur, TX 77640
2927 Park Plaza Ln, Port Arthur, TX 77642
610 Strickland Dr. Ste 380, Orange, TX 77630
755 North 4th St, Silsbee, TX 77656
Comprehensive Care, Dental, Mental Health Services, Full-Service
Pharmacy, Free Transportation for Port Arthur, Orange, Silsbee and
Jasper Locations.

Jefferson County Indigent Care Unit 1 **409-835-8530**
1295 Pearl St., Beaumont, TX 77701

Jefferson County Indigent Care Unit 2 **409-983-8380**
800 4th Street, Port Arthur TX 77640
www.co.Jefferson.tx.us/PublicHealth/IndigentHealthCare.htm
Physician Services, Mental Health Counseling, Lab/X-ray, Vision/Dental,
Diabetic Supplies, Physical and Occupational Therapy, Transportation to
Appointments

Legacy Community Health Centers
4566 Stagg Dr., Beaumont, TX 77701 **409-833-8850**
450 N. 11th St., Beaumont, TX 77702 **409-242-2577**
Legacy Taylor Pediatrics
3030 North St. Ste 500, Beaumont, TX 77702 **409-242-2525**
www.legacycommunityhealth.org

Legacy Community Health offers a wide range of quality health care and wrap around services to residents of Beaumont regardless of their ability to pay. Primary Care, Pediatric and OB/GYN Services; Behavioral/Mental Health Services; Medication Evaluation; Prescription Assistance. Uninsured accepted.

UBI Caritas**409-832-1924****4450 Highland Ave., Beaumont TX 77705**www.ubicaritas.org

The UBI Caritas Family Health Clinic is a nurse managed clinic that offers comprehensive health care to medically underserved and under-insured individuals. The offer acute, chronic, mental and behavioral health care, as well as preventative care in a family practice setting. services are offered on a sliding fee scale which allows everyone to receive assistance regardless of income.

Southeast Texas Community Health Clinic**409-833-4383****365 Forsythe St., Beaumont, TX 77701**

- Serving indigent population, accepting Medicaid and uninsured
- Adult and Pediatric care
- Child vaccinations
- Adults-endocrinologist, pulmonologist, cardiologist, hematologist
- Prescription assistance for diabetic medications

Triangle Area Network Clinic**409-832-8338****1495 North 7th St., Beaumont, TX 77702****3737 N. 16th St., Orange, TX 77730**www.tanhealthcare.org

- HIV & STD testing
- Hep C testing & treatment
- Primary care – 15 years+.
- Women's Health 409-832-3377

FAMILY VIOLENCE

Family Services of Southeast Texas**409-832-2668****3550 Fannin St., Beaumont, TX 77702****24 Hour Crisis Hotline****409-832-7575 or 1-800-621-8882**www.westngthenfamilies.org

Rape and Suicide Crisis Center www.crisiscenterofsoutheasttx.org	Hotline: 800-793-2273 409-832-6530
Texas Council of Family Violence www.tcfv.org	888-450-8238
National Domestic Violence Hotline TTY 800-787-3224 or text "START" to 88788	800-799-7233
Jefferson County Victim Assistance Center Office: 409-839-2318 215 Franklin St. 2 nd Floor, Beaumont, TX 77701 www.co.jefferson.tx.us/da/VictimsAssist.htm	Hotline: 409-833-3377

CHILDREN



Catholic Charities of Southeast Texas 2780 Eastex Freeway, Beaumont, TX 77703 Elijah's Place www.catholiccharitiesbmt.org Support group for children ages 5-17 who have experienced the loss of a loved one.	409-924-4400
Child Protective Services 24-Hour Abuse Hotline: 800-252-5400 www.dfps.texas.gov/child_protection 24-Hour Child Abuse Hotline: 800-252-5400 3105 Executive Blvd., Beaumont 77705 4200 Jimmy Johnson Blvd, Port Arthur, TX 77640 2220 Gloria Dr., Orange 77630	409-730-1099 409-963-0312 409-670-4500
Communities in Schools of Southeast Texas 350 Pine St., Ste. 500, Beaumont, TX 77701 www.cisset.org Empowering children to stay in school and achieve in life, referral assistance	409-951-1810
Family Services Counseling Center 3550 Fannin St., Beaumont, TX 77701 www.westrengthenfamilies.org Teen anger management, child counseling Accepts Medicaid, private insurance, sliding fee scale	409-833-2668

Garth House

409-838-9084

1895 McFaddin Ave., Beaumont, TX 77701

www.garthhouse.org

Individual counseling for victimized children and non-offending family
Members, education & prevention

FINANCIAL ASSISTANCE

Catholic Charities of Southeast Texas

409-924-4400

2780 Eastex Freeway, Beaumont, TX 77703

www.catholiccharitiesbmt.org

Salvation Army

409-896-2631

2350 I-10 Frontage Rd., Beaumont, TX 77703

Store: 4295 College St., Beaumont, TX 77707

www.southernusa.salvationarmy.org/beaumont

Monday-Thursday; 9am – 4pm, Friday 9 am – 3 pm

Spindletop Center

409-839-1015

Consumer Benefits Organization (CBO)

2750 South 8th St. Bldg. A, Beaumont, TX 77701

Assists with the process of:

- Filing for disability through the Social Security Administration
- Medicare and Part D Enrollment, and applying for extra help on prescription costs
- Applying for health insurance through the Marketplace
- Filing for Medicaid, SNAP/Food Stamps, TANF, CHIPS, Medicare Savings Programs and more.

Jefferson County Victims Assistance Center

Hotline: 409-833-3377 Office: 409-839-2318

215 Franklin St., 2nd Floor, Beaumont, TX 77701

www.co.jefferson.tx.us/da/VictimsAssist.htm

Texas Department of Health and Human Services

www.hhs.texas.gov

3105 Executive Blvd., Beaumont, TX 77705

409-730-1098

2222 Gloria Dr., Orange, TX 77630

409-886-4475

4200 Jimmy Johnson Blvd., Port Arthur, TX 77640

409-962-2001

FOOD ASSISTANCE

The Southeast Texas Food Bank 409-832-8777
3845 S. MLK Parkway, Beaumont, TX 77705 844-356-9084
www.setxfoodbank.org

For locations of food pantries or other sources of emergency food in your area, PLEASE go to the SETX Food Bank website. Click on "GET HELP" tab for a listing of agencies/organizations or churches in Hardin, Jefferson, Orange, Sabine, Jasper, Newton, Polk, and Tyler counties.

Some Other Place 409-832-7976
590 Center Street, Beaumont, TX 77701
www.someotherplacebeaumont.com

Emergency Service Program
1195 McFaddin Street, Beaumont, TX 77701

Henry's Place
1107 McFaddin Street, Beaumont, TX 77701

Anne Rogers Vaxler Nutrition Center
1155 McFaddin Street, Beaumont, TX 77701

Miriam B. Rogers Community Center
1240 McFaddin Street, Beaumont, TX 77701

Other Programs: John Terry Moore Thanksgiving Store, Christmas Giving Tree Program & Back to School Program

Catholic Charities – Market to HOPE 409-924-4435
3370 Sarah St., Beaumont, TX 77705
www.ccsetx.org/market-to-hope-program

The Market to Hope food pantry provides quality food items to households experiencing food insecurity, curbside service available

Salvation Army 409-896-2631
2350 I-10 Frontage Rd, Beaumont, TX 77703
www.southernusa.salvationarmy.org/beaumont

Texas Health & Human Services 1-800-942-3678
WIC (Women, Infants & Children)
www.texaswic.org

See website for WIC office locations.

If times are not listed, please call agencies for specific dates and service hours.

INTELLECTUAL & DEVELOPMENTAL DISABILITIES SERVICES

**Spindletop Intellectual and
Developmental Disabilities** **409-839-1000**

655 S. 8th St., Beaumont, TX 77701

www.spindletopcenter.org/individuals-with-idd

Behavioral support (Psychology service) **409-784-5540**

Recreation **409-784-5528**

Home and community-based services **409-784-5469**

Texas Home Living **409-784-5469**

Residential Services Job Quest **409-784-5429**

Ben Rogers Employment Training Facility **409-838-3494**

Vocational Services Respite Care **409-838-9012**

The ARC of Greater Beaumont **409-838-9012**

4330 Westridge Ln., Beaumont, TX 77706

www.arcofbmt.org

Support for individuals with ID

Family Support groups

Shorkey Center **409-838-6568**

855 S. 8th St., Beaumont, TX 77701

www.shokey.org

Occupational, speech, physical, aquatic and recreational therapy

Applied Behavioral Analysis (ABA)

Autism Services

SOBER LIVING & TRANSITIONAL HOUSING

Jump Start Recovery Center **409-984-5126**

1222 E. 5th St., Port Arthur, TX 77640

www.jumpstart3rc.com

Services for Adults

H.O.W. Center **409-832-7102**

2509 Cable Ave., Beaumont, TX 77703

www.thehowcenter.org

Men only shelter

SHELTERS

Henry's Place (Day Center) 1107 McFaddin, Beaumont, TX 77701	409-832-4088
Salvation Army 2350 Interstate 10E, Beaumont, TX 77703 Emergency shelter for 3 days and up to 30 days with case management and referral service, ID required, No ID- 1 night stay only	409-896-2361
Spindletop (Housing assistance for Clients) 2750 S. 8 th St., Beaumont, TX 77701	409-839-2224
Spindletop Crisis Respite (Wood Group) 2750 S. 8 th St., Beaumont, TX 77701 Emergency Short-term Residential Services	409-839-1088
Women and Children's Shelter Call 24-Hour Hotline	409-832-7575

PRESCRIPTION ASSISTANCE



Medication Assistance Program healthytexas.tamu.edu/medication-assistance-2/	866-524-1408
Partnership for Prescription Assistance www.medicineassistancetool.org/	571-350-8643
Some Other Place 1195 McFaddin, Beaumont, TX 77701 Monday – Friday 9 am; Prescription vouchers	409-832-7976
Texas Drug Card www.texasdrugcard.com	
Texas HIV Medication Program (THMP) www.dshs.texas.gov/hivstd/meds	1-800-255-1090

SUPPORT WEBSITES

Crisis Center of SETX

www.crisiscenterofsoutheasttx.org

Survivors of Incest Anonymous

www.siawso.org

Alcoholics Anonymous

www.aadistrict90.org

www.aabeaumont.org

Narcotics Anonymous

www.NA.org

Sex Addicts Anonymous

www.saa-recovery.org

Overeaters Anonymous

www.oa.org

Al-Anon / Alateen

www.al-anon.org

Emotions Anonymous

www.emotionsanonymous.org

Nar-Anon

www.nar-anon.org

Cocaine Anonymous

www.ca.org

Crystal Meth Anonymous

www.crystallmeth.org

Gamblers Anonymous

www.gamblersanonymous.org

Co-dependents Anonymous

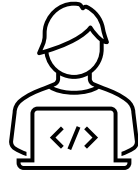
www.coda.org

National Alliance on Mental Illness

www.nami.org

American Foundation for Suicide Prevention

www.afsp.org



NOTES



SUPPORT WEBSITES

Texas Youth Helpline

1-800-989-6884

www.dfps.state.tx.us/youth-helpline/

National Association of School

Psychologists

www.nasponline.org/safety-and-crisis

National Institute on Mental Health

www.nimh.nih.gov

Veterans Affairs

www.mentalhealth.va.gov

In distress call or text

988

**The National
Suicide Hotline**

**AVAILABLE
24-HOURS A DAY**

NOTES



DEPRESSION IS REAL, COMMON, AND TREATABLE

- Major depression is one of the most common mental illnesses, affecting 6.7% (more than 16 million) of American adults annually.
- Depression causes people to lose pleasure from daily life, can complicate other medical conditions, and can even be serious enough to lead to suicide.
- Depression can occur to anyone, at any age, and to people of any race or ethnic group. Depression is never a “normal” part of life, no matter what your age, gender or health situation.
- While the majority of individuals with depression have a full remission of the disorder with effective treatment, only about a third (35.3%) of those suffering from severe depression seek treatment from a mental health professional. Too many people resist treatment because they believe depression isn’t serious, that they can treat it themselves or that it is a personal weakness rather than a serious medical illness.



to access online

Mental Health Screening

NOTES





MHIA
Mental Health America
of Southeast Texas

RESOURCE GUIDE AVAILABLE ONLINE AT
WWW.MHASETX.ORG



Donate today. Your gift is life changing.

Mental Health America of Southeast Texas
700 North St., Ste. 95 | Beaumont, Texas 77701

*Mental Health America of Southeast Texas is a 501(c)3 nonprofit organization.
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